



How to Access your Benefits

Download the **My Benefits Work** mobile app or visit **MyBenefitsWork.com** to access and use your benefits anytime, anywhere. Follow these simple steps to register your account.

1. Download

Download the **My Benefits Work** mobile app from the App Store or Google™ play.



2. Register

Register your account on the app or the web portal – you only need to register once and your login will work for both.

3. Enter ID

Use your Group ID and Member ID from the front of your membership card.

4. Enter Email

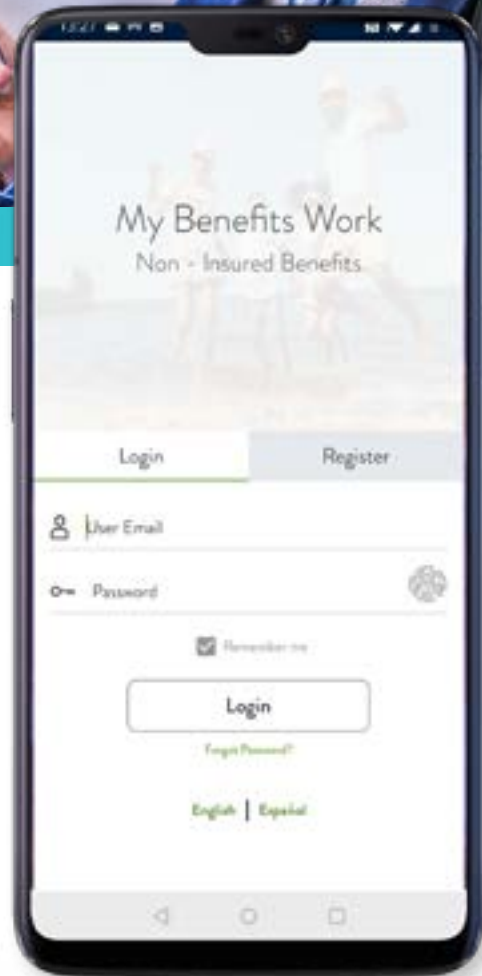
Enter your email address – this will be your username for the app and portal.

5. Enter Phone Number

Enter your mobile phone number and a password, then proceed.

6. Confirm

You will be prompted to confirm your account through text message or email. Enter the code and continue.



After You've Registered, Start Exploring!

- ▶ Easily access your benefits, all in one place
- ▶ Keep your benefit and insurance cards organized in My Wallet
- ▶ Add your spouse and dependents to your benefit program
- ▶ Get live support by chat or phone call

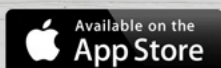
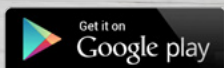
Teladoc

Enjoy On-Demand Healthcare with 24/7 Access to Doctors by Phone at No Cost

What Teladoc Does for You

- ▶ Doctors offer a diagnosis, treatment options, and prescription, if medically necessary
- ▶ Treatment for common medical issues such as colds, flu, poison ivy, respiratory infections, bronchitis, pink eye, sinus problems, allergies, urinary tract infections and ear infections
- ▶ Visits for all ages — from children to seniors
- ▶ Includes spouse and dependents
- ▶ If you are caring for an aging parent or loved one, you can provide them access to \$45 visits
- ▶ U.S. board-certified doctors with an average 20 years practice experience
- ▶ Upon request, Teladoc can share visit information with your doctor

Avoid the waiting room — Teladoc doctors respond in 10 minutes on average

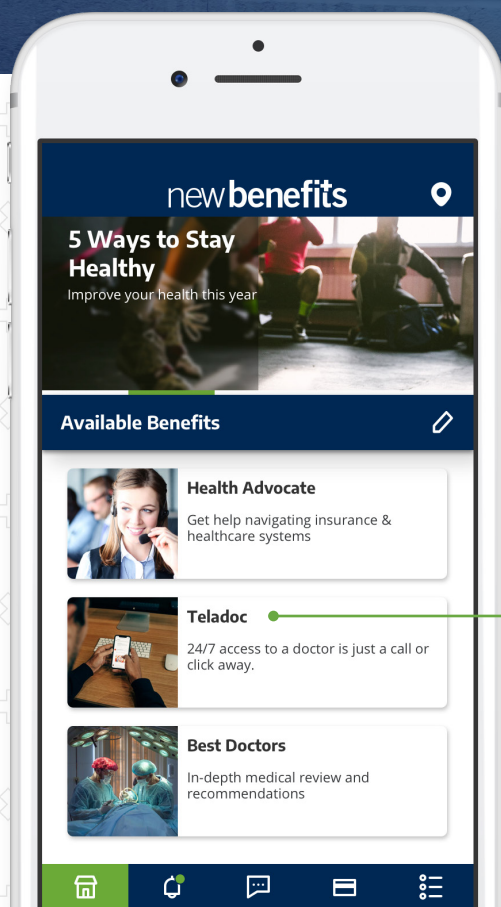


My Benefits Work Mobile App | 800.800.7616 | MyBenefitsWork.com

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How to Set Up your Teladoc Account

Follow These Steps for
24/7 Access to a Doctor
by Phone



Register Your Account

- ▶ Log on through the My Benefits Work mobile app or MyBenefitsWork.com, click Teladoc and follow the instructions to register your account
- ▶ Complete your account information with a unique username and password for your Teladoc account to secure your personal health information
- ▶ Complete your Medical History before requesting a visit
- ▶ Request a visit online, in the app, or call 855.VIPDOCS (855.847.3627) to speak with a doctor 24/7



Add Dependents

In order for your dependents to have access to Teladoc, you must first add them under the "My Dependents" section of the mobile app or web portal. Additionally, dependents over the age of 18 will need to be invited as a user of the mobile app or web portal so they can access their own Teladoc account to complete their Medical History before requesting a visit.

Caring for a Parent or Loved One?

Add parents or adult family members as Care Recipients. Adult Care Recipients will receive an email with authorization instructions, and all Care Recipients must pay \$45 visit fee for consults.

Request a Visit

Request a visit through the app or member portal, or call **855.VIP.DOCS (855.847.3627)**.

This plan is NOT insurance. *The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. This discount card program contains a 30 day cancellation period. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475, 800.800.7616.*

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Alight Navigator

Experts Help You Navigate Healthcare and Find Cost-Effective Care

What Alight Navigator Does for You

- ▶ The price transparency tool allows you to compare costs for providers, procedures, and prescriptions
- ▶ Highly trained Health Pros:
 - Help you understand your insurance benefits
 - Provide guidance related to plan selection
 - Explain care options
 - Find highly rated doctors
 - Analyze providers based on experience and cost
- Help find ways to pay less for prescriptions
- Review medical bills and resolve errors
- Assist with scheduling appointments
- Help with issues related to dental and vision benefits
- Respond to most requests by the next business day
- Have passed rigorous credentialing and completed extensive training

In-network healthcare prices vary
by 300% or more

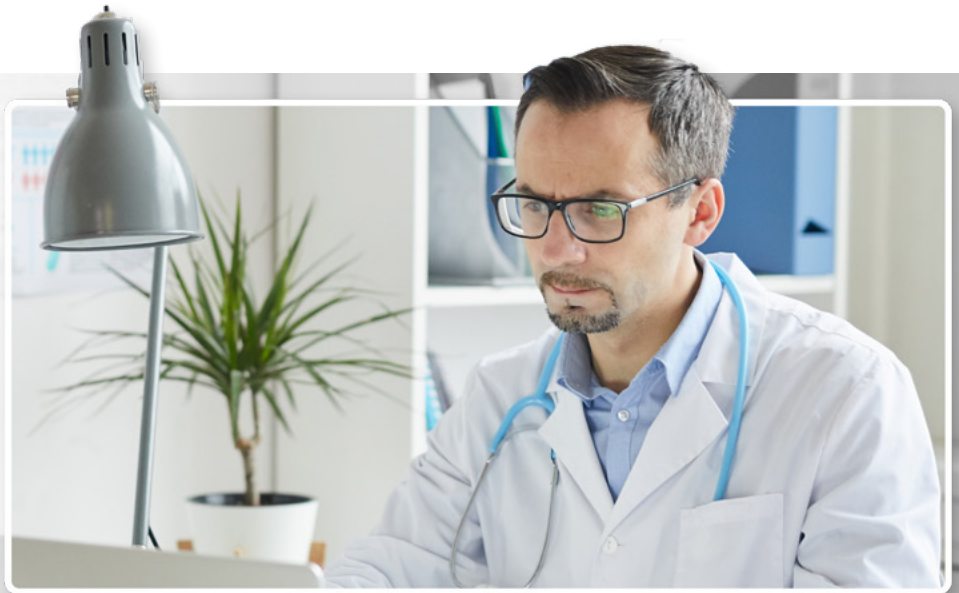


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Alight will never share protected health information (PHI) with your employer. Alight does not provide medical advice or replace your doctor. Alight is unable to assist during medical emergencies. Alight provides unbiased recommendations and is not affiliated with anyone that we recommend.

Doctors Online

**Replace
“Dr. Google”
with Actual
Healthcare
Professionals for
More Informed
Decisions**



\$200 billion is wasted on unnecessary medical visits every year

What Doctors Online Does for You

- ▶ Enjoy 24/7 email access to doctors, pharmacists, psychologists, dentists, dieticians and more to get treatment options and advice you understand
- ▶ Expect responses within a few hours
- ▶ Review articles, videos, and Health Encyclopedia
- ▶ Personal Health Record is secured
- ▶ Unlimited, confidential services include your immediate family
- ▶ Ask questions like:
 - My throat is sore and I'm feeling pretty warm... should I go see my doctor?
 - I was just diagnosed with diabetes and I don't know what to do next...what are my options?
 - My dentist says I need a root canal and it's going to cost me \$1,200. Does that sound reasonable?
 - The doctor told me I need to lose 30lbs. Will you help me put together a diet plan?
 - This is a picture of my son's eye. Do you think we're dealing with pink eye?



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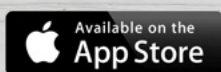
Save on Prescriptions for the Whole Family, Including Pets



Save 10% to 85% on most
prescription medications

What New Benefits Rx Does for You

- ▶ Receive discounts on thousands of medications at 60,000+ retail pharmacies nationwide, including Walgreens, Target, CVS, and many other independent, national, and regional chains
- ▶ Save time and money through home delivery, powered by GeniusRx, delivering discounted medication directly to your door with free shipping
- ▶ Find the best deal by comparing prescription prices at participating pharmacies with our Rx pricing tool located through your mobile app or web portal; then text or email the prescription price to easily cash in your savings at the pharmacy
- ▶ My Medicine Cabinet feature allows you to save your prescription search so you can easily refresh pricing for your next refill
- ▶ Even if you have insurance, you can present both cards at the pharmacy or research online to receive the lowest price



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