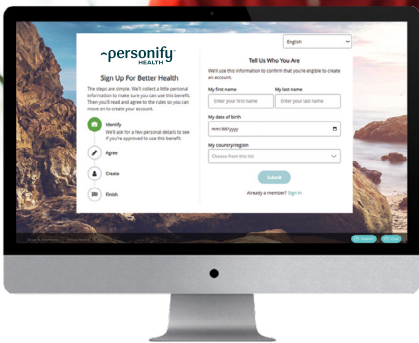


# GET STARTED TODAY!

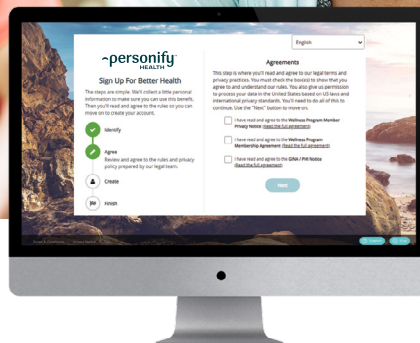
Signing up is easy.

Personify Health is a well-being resource offered to all employees and their spouses or partners. Join in three easy steps.



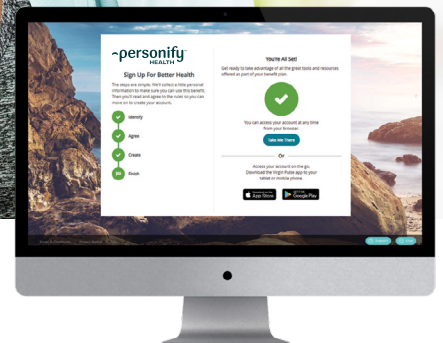
## Step One

To join **Personify Health**, log in to your **My Health Toolkit®** account and select **Wellness & Care Management**, **Wellness Programs**, then **Personify Health**.



## Step Two

We're committed to keeping your health and wellness data private. Read and accept our **Member Privacy Notice**, **Membership Agreement** and **Data Consent Notice**.



## Step Three

Enter your preferred email address, create a password, and provide a few additional details to help us give you the best possible experience. Then select **CREATE MY ACCOUNT**.

Once you've created your account, you can sign in and get started right away.



To access Personify Health from your smartphone, scan this QR code to log in to your My Health Toolkit account. Next, select Benefits, then Personify Health to get started.



Blue Cross and Blue Shield of Florida, Inc. DBA Florida Blue and Health Options, Inc. DBA Florida Blue HMO are Independent Licensees of the Blue Cross and Blue Shield Association.

Personify Health is an independent company that provides a health and wellness platform on behalf of your health plan.